



## **The 60 minute Signature Honua Facial**

(great for all skin types and conditions; addresses concerns such as anti-aging (pre-mature aging), pigmentation (sun damage), acne, dry skin, sensitive skin, rosacea, eczema, psoriasis).

**Supplies: 3 Towels Pre-warmed in towel cabby, 2 Cotton/or reusable Rounds, 2-4 Tissues or 4x4 For Extractions, 1-2 Water Bowls, entire Honua facial line**

### **Step 1: First Cleanse (3 min)**

Apply 1-2 pumps of **Pa'akai Cleansing Cream** to the palm of your hand, rub hands together and cup over clients face... have them take a deep cleansing breath before starting the cleanse, Spread the cleanser over face and décolleté, then add water to emulsify and start the cleansing routine. (May use 'Olena Oil on Qtip for eye make-up)

### **Step 2: Removal of Cleanser (1 min) "The Warm Towel Ritual"**

Fold warm towel over face and do compressions on forehead, chin and cheeks, then slowly & gently remove cleanser...remember this is also part of the experience.

### **Step 3: Exfoliating Cleanse (3-5 min)**

Repeat facial cleanse routine with **Pa'akai Cleansing Cream** w/2 pumps of **Hawaiian Beauty Water** Or you may choose to use the **Brightening Facial Polish** instead

### **Step 4: Removal of second cleanse (1 min) : Repeat warm towel ritual to remove cleanser**

### **Step 5: Skin Analysis & Extractions (5-10 min)**

Analyze skin and communicate findings with your client then proceed to **extractions**

*\*Great time to discuss the product line, the unique Hawaiian botanicals that are being used on them and Honua's traditional approach to healing... how we are able to treat the root of many skin concerns using our ingredients.*

### **Step 6: Exfoliation/Tone/Prep (3 min)**

Spritz face with our **Lihau Sandalwood Face Mist** to kill any bacteria and calm skin from extractions. Then Saturate cotton round with **Hawaiian Beauty Water** (the exfoliating glow tonic) and wipe gently across forehead, down the nose, across cheeks then chin. Turn cotton pad around to other side and repeat using circular motions to add manual some exfoliation.

### **Step 7: MASK Application (2 min for application with brush, 3 min massaging of mask with hands then 10 min of scalp/shoulder while mask sits;)**

*Customize according to desired benefits; Choose 1 or mix and match*

**MOANA Mask** (brightening and hydrating and great for sun damage, pigmentation and pre-mature aging)

**'ĀINA Mask** (detoxifying, deep cleansing, plumping, and glow inducing)

**Mahealani Balm Mask** (Hydrating, plumping, calming, soothing, great option for very sensitive skin looking for lots of hydration)

Apply about a teaspoon sized amount of mask to the face using a brush and a nice relaxing flow, starting the application at forehead and finishing at chest. Use hands to massage the mask on, helping it to penetrate the product deeper. You may cover the mask with warm towel while performing a neck/shoulder/scalp massage.

### **Step 8: Removal of Mask (1 min) : Warm towel ritual to remove mask**

### **Step 9: Treatments + Massage with Booster/ Serum/Beauty Oil (with finishing products) (15-20 min)**

Apply 1-2 drops of the **Hibiscus Beauty Booster** to plump and hydrate the skin, follow with 1-2 drops of **The ALOHA Youth Serum**. Use graceful massage strokes to apply this silky serum. Then apply 1/4 dropper of 'Olena Oil and perform your facial massage routine.

**Step 10: Finishing Products** apply Honua Eye Glow gently under and around eyes then add 1-2 pumps of **MALU protecting spf 30** (1 min) or **Mahealani Moonlit Glow Balm** and apply to entire face, neck and chest