



## **The Honua Post Sun/Laser/Peel Facial (30 min or 50 min)**

(great for inflamed, red or sensitive skin needing some extra healing) addresses concerns such as sunburns, post peel or laser redness and irritation, pigmentation (sun damage), acne, dry skin, sensitive skin, rosacea, eczema, psoriasis

**Supplies:** 3 Towels Pre-warmed in towel cabby, 2 Cotton/or reusable Rounds, 1-2 Water Bowls,  
**Products:** Paakai Cleansing Cream, Facial Polish, Lihau Mist, Moonlit Glow Balm, Hibiscus Beauty Booster, Aloha Youth Serum and 'ōlena Oil, Honua Eye Glow, and Malu SPF

### **Step 1: First Cleanse (3 min)**

Apply 1-2 pumps of Pa'akai Cleansing Cream to the palm of your hand, rub hands together and cup over clients face... have them take a deep cleansing breath before starting the cleanse, Spread the cleanser over face and décolleté, then add water to emulsify and start the cleansing routine. (May use 'Olena Oil on Qtip for eye make-up)

### **Step 2: Removal of Cleanser (1 min) "The Warm Towel Ritual"**

Fold warm towel over face and do compressions on forehead, chin and cheeks, then slowly & gently remove cleanser...remember this is also part of the experience.

### **Step 3: Gentle Exfoliation (3-5 min)**

Repeat facial cleanse routine with our Wound Healing /Brightening Facial Polish

**Step 4: Removal of second cleanse (1 min) :** Repeat warm towel ritual to remove cleanser

### **Step 5: Healing Treatment Cocktail (3 min)**

Spritz face with our Lihau Sandalwood Face Mist, then apply 1-2 drops of Hibiscus Beauty Booster and Aloha Youth Serum to entire face

**Step 6: MASK Application (3 min + 10 to let mask set)** Massage/spread a blueberry sized amount of Mahealani Moonlit Glow Balm/Mask (Hydrating, plumping, calming, soothing, great option for very sensitive skin looking for lots of hydration) to entire face, neck and chest.and let the treatment cocktail and mask You may cover the mask with a cool towel while performing a neck/shoulder/scalp massage.

**Step 7: Press cool towel on to remove excess oil, but it is not necessary to remove the balm/mask**

### **Step 8: Gentle Massage (15-20 min) \*optional for quick 30 min facial)**

Apply 1-2 drops of the 'Ōlena (turmeric healing) Oil and perform your facial massage routine (no removal of oil necessary)

**Step 9: Finishing Products (4 min)** Apply Honua Eye Glow gently under and around eyes then add 1-2 drops of 'Olena Oil if massage was not performed then finish with our MALU protecting spf 30